

BULLETIN

of the
MAHONING COUNTY
MEDICAL SOCIETY

Volume LIV

JANUARY, 1984

Number 1



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1984 - MAHONING COUNTY MEDICAL SOCIETY MEETINGS - 1984

Tuesday	Tuesday	Tuesday	Tuesday	Tuesday	Tuesday
Jan. 17	Mar. 20	May 15	Sept. 18	Nov. 20	Dec. 18

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From the Desk of the President



WHAT ARE DOCTORS?

To the M.D. and D.O. a doctor is an intelligent, ambitious, perseverant life-long student. He or she has gone through college pre-medical competitions and the grade point battle; successful medical school completion (usually under much duress), and several years of post medical school graduate education. This is attested to by state licensing boards relative to basic qualifications and by national boards for specialized training.

The physician is a life-long advocate of the best possible medical care he or she can give; despite the tremendous present social and political pressures against this aim; these pressures being focused on cost instead of quality and on a general grab for the so-called health care dollar.

Now the world is replete with legions of much less-trained individuals in many allied health fields who seek, in truth, to be doctors by fiat (i.e., diploma mill type doctors). They petition state legislatures to grant them Boards, Licenses, and ever increasing privileges, including demands — now in Ohio — for the right to admit to hospitals.

Many of these allied health fields are "good" in their own right. Their members however are *not* physicians nor surgeons. They have *not* gone through 8 to 12 years or more of post high school intensive and competitive studies. The physicians aide, the physicians assistant, the nurse practitioner, etc., are *not* doctors and could only, by training, offer inferior personal care.

I humbly submit that non-physician health providers and their politician allies should go through the medical schools and post graduate training that doctors have gone through if they wish to be doctors.

G. J. Baumbblatt, M.D.



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The opinions and conclusions expressed herein do not necessarily represent the views of the Editorial staff nor the official views of the Mahoning County Medical Society.

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Editorial

PROCEEDINGS OF COUNCIL

Dec. 13, 1983

The regular meeting of the Council of the Mahoning County Medical Society was held Tuesday, Dec. 13, 1983 at the Youngstown Club.

The meeting was called to order at 7:30 p.m. by P. J. Mahar Jr., president. The minutes of the Nov. 8, 1983 meeting, having been read, were approved.

The treasurer's report included a bill list, a report on members who have not paid 1983 dues and a report of new members for the 1983 year. A motion was made, seconded and passed to pay each bill on the bill list.

The following application was presented by the Censors:

ACTIVE: W. C. Reese, M.D.

The application was approved. The applicant becomes a member of the Mahoning County Medical Society in the voted category 15 days after publication of the name in the *Bulletin* unless objection is filed in writing with the executive director before that time.

Communications included:

A copy of the Ohio Resolution to the AMA Interim Meeting concerning Therapeutic Substitution was read and announced that it passed the House of Delegates vote.

A reply from Congressman Williams in which he assured the Society he will continue to monitor HR 4170.

A thank you from the Americanism Foundation for the Society contribution to the Student Seminar programs. A motion was made to recommend to the next budget committee that a \$300.00 contribution be made to the Americanism Foundation. The motion was passed.

A letter from OSMA reporting on the success of the letter campaign in opposition to HR 4170, which would have made it mandatory for physicians to accept assignments.

Sixth District Councilor Dr. J. James Anderson gave an in-depth report on the plethora of legislation pertaining to medicine that is being pushed at the State level. The report precipitated a lengthy and pertinent discussion

(Continued on Page 9)

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(Continued from Page 7)

of the pending legislation. The executive director was instructed to obtain a copy of the Flexner Report for study and consideration.

It was announced that Dr. Samuel Goldberg is to be honored as Doctor of the Year at the December 20th meeting of the Society.

A motion was made, seconded and passed that a previous motion be rescinded so spouses and guests will be allowed to attend the annual meeting of the Society starting with the 1984 annual meeting.

Announcements included:

Society meeting is Dec. 20, 1983 and will include election of officers, presentation of the Doctor of the Year award, and 50-years in Medicine awards.

Next meeting of the Council of the Mahoning County Medical Society is Jan. 10 and will include all new members of Council, as well as the incumbents.

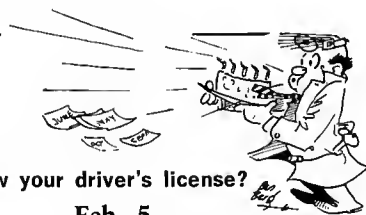
The annual Installation Dinner of the Society is January 17th and all officers and members should attend, with spouses and guests welcome.

The meeting adjourned at 8:29 p.m.

Robert B. Blake
Executive Director

HAPPY BIRTHDAY

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- | | | |
|---|--|--|
| Jan. 16
A. Ghani
R. Blake | Jan. 25
A. W. Geordan
L. K. Reed
M. S. Rosenblum | Feb. 5
L. F. Fagnano |
| Jan. 17
S. W. Chaisson | Jan. 27
A. D. Kasamias | Feb. 6
M. J. Lenhart |
| Jan. 18
G. H. Davies
E. O. Galanternik | Jan. 29
J. Politis | Feb. 7
Y. T. Chiu
C. B. Klodell |
| Jan. 19
N. B. Nicoloff | Jan. 30
A. G. Garg | Feb. 9
V. G. Raghavan
F. A. Rich |
| Jan. 20
F. W. Morrison | Jan. 31
Saul Tamarkin | Feb. 11
A. J. Manganaro |
| Jan. 21
J. J. Buckley
M. H. Speck
J. C. Hightower | Feb. 2
A. S. Weinberg
N. N. Patel | Feb. 12
S. D. Goldberg |
| Jan. 22
R. S. Lupse | Feb. 3
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J. I. Gonzalez
P. E. Ruth
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RABIES REMAINS A COSTLY, DANGEROUS PROBLEM

Rabies affects an estimated 20,000 people treated with postexposure vaccines each year at a cost of some \$8 million in biologics alone, says Centers for Disease Control researcher Charles G. Helmick, M.D. Basing his observation on a 21-state surveillance in 1980-1981, Helmick concludes, "Domestic animals and rodents-lagomorphs (rabbits and similar pets) accounted for PEP (postexposure treatment) far out of proportion to their small role in animal rabies." He suggests not keeping wild animals as pets.

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J. R. Madison, M.D.	Ian E. Trace, M.D.
Jack Malkoff, M.D.	L. C. Zeller, M.D.

PHYSICIAN TREAT THYSELF

I would like to summarize some of the thoughts relative to my title. To better serve the public, each of us needs our own fair share of health attainment. This should include regular physical examinations; which, although much maligned, remain the best diagnostic medicine and a means of achieving earlier treatment of disease processes.

A full and healthy life includes exercise and hobbies; hiking, swimming, gardening, bird-watching, travel, photography, woodworking and reading. Exercise should be for fun and physical conditioning.

Trips for study or pleasure rejuvenate the mind and helps give perspective to one's life and professional career.

In summary, if we practice what we preach, our patients will more likely take our advice and we, it is our hope, will be available for more years to give that advice.

Glenn J. Baumblatt, M.D.

NAMED TO ACADEMIC COUNCIL

Dr. Sanford F. Gaylord has been elected to the Academic Council of NEOUCOM for a two year period, starting last October. The Council passes on promotions and tenure; sets the bylaws and regulations for running the medical school, and it acts in an advisory capacity to the Dean in his responsibility to the Board of Trustees. The Academic Council has representatives from the basic science and the clinical faculties.

NEW PROCEDURE HERE

This is in regard to a new procedure which I introduced at St. Elizabeth Hospital Medical Center recently. I would appreciate the procedure being reported in the *Bulletin*.

The procedure is called Percutaneous Endoscopic Gastrostomy. In this procedure a feeding catheter is introduced into the stomach by the transoral route using a gastroscope. The endoscope is passed into the stomach and the stomach distended with air. The light of the gastroscope is visible and a small stab wound is made in the left upper quadrant. A Medicath is introduced from the outside through the skin and into the stomach. A dermal suture is then introduced through the Medicath and is grabbed by the gastroscope and brought to the outside by way of the esophagus and mouth.

A prepared #16 French mushroom feeding catheter is then attached to this string and by pulling on the string from the outside, it is pulled down into the stomach and seated in place. The tube is then sewed to the skin in the usual manner and the patient can be fed within 24 hours.

This procedure was successfully done at the bedside of the patient who was unconscious due to a stroke. He had been on nasogastric tube feedings for two months with the accompanying esophagitis and ulcerations of the lower esophagus. The new feeding tube worked very well without leakage or infection or irritation of the skin.

At the present time the patient is recovering from the stroke and on 12/7/83 began to feed himself. It is anticipated the tube will be removed in the next few weeks which is a simple process of cutting the sutures and removing the tube exteriorly.

The procedure is of great benefit to those patients who cannot undergo routine gastrostomy in a surgical room environment. The procedure can be done in the endoscopy suite or at the bedside. The procedure was created by Dr. Jeffrey Ponsky at Mt. Sinai Hospital. He is Chief of Surgery and began this procedure about 4 years ago. He trained me in the procedure.

Sanford F. Gaylord, M.D.

CME AT ST. ELIZABETH HOSPITAL

- Jan. 27, PSYCHIATRY "Effective Psychotherapy by the Non-Psychiatric Physician". James R. Hodge, M.D., Professor and Chairman Council of Psychiatry NEOUCOM.
- Feb. 3, CARDIOVASCULAR "Magnesium Deficiency and Diuretic Treatment". Martin J. Schreiber, M.D., Department of Hypertension and Nephrology, Cleveland Clinic. A Smith, Kline & French Visiting Fellow.
- Feb. 10, INFECTIOUS DISEASE "Cost and Benefits of Hepatitis B Vaccination". Raymond S. Koff, M.D., Professor of Medicine, Boston University School of Medicine. A Merck, Sharp & Dohme Visiting Fellow.
- Feb. 17, CARDIOVASCULAR "Selection of Drugs in the Management of Ischemic Heart Disease". Robert H. MacDonald, M.D., University of Pittsburgh School of Medicine. A Geigy Visiting Fellow.

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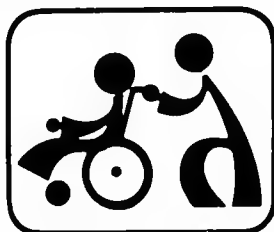


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From the Bulletin

FIFTY YEARS AGO — JANUARY, 1934

The tone of the *Bulletin* was optimistic. President J. B. Nelson said: "Murmurs of prosperity are once more audible. We can only hope, sincerely, that the Society will have a more prosperous year than has been possible in the past". Claude Norris was the new editor and Sam Tamarkin the business manager of the *Bulletin* and, according to our columnist "Breetus", they bade fair to eclipse previous years. Dr. Morris Fishbein, the ebullient editor of the A.M.A. Journal, was announced as speaker of the Annual Banquet next month, price \$2.00 per plate.

Milk from Heberding's Indian Creek Farm was 10 cents a quart delivered to your door and guaranteed not to be an aquarium. Antiphlogistine was a popular remedy for chest colds and Lyons promised that his Syrup Ephedrine Compound would "help you cough."

The final touch was found on the back cover and was not very optimistic. It said, "Help Your Society — Our Funds Are Low — We Need Money For Programs — Pay Your Dues Promptly."

FORTY YEARS AGO — JANUARY, 1944

The third year of World War II found 150 members left to carry on the Society's work. The Honor Roll showed 112 men in the armed services, including intern members.

Letters were received from Ivan Smith, Clyde Walter and A. O. Axelson. Ivan was doing Physical Therapy at Fort Billings General Hospital. He chopped his foot while chopping logs for the fireplace, fracturing the navicular and severing some tendons but was back on the job in ten days. Walter was at John Hopkins taking a course in clinical laboratory, courtesy of the U.S. Army. Axelson was battalion surgeon in an armored tank division in England, doing twenty-five mile marches and sleeping on the ground, getting ready for Normandy. Walter K. Stewart was with the Public Health Service at Ashtabula. They all are just memories to us now, but most worthy ones.

Frances Miller became a new member.

Penicillin was here to stay and Antiphlogistine had disappeared from our pages. Lyons had switched to CherroGuiaol to help your cough. Florence Heberding had quieted down and simply stated that Indian Creek milk was clean and wholesome. Nothing was said about paying your dues. The doctors had plenty of money but no time to spend it.

THIRTY YEARS AGO — JANUARY, 1954

James Brown was President, Ivan Smith the President-Elect. Gabriel DeCicco was Secretary and Andrew Detesco was Editor of the *Bulletin*. C. A. Gustafson was Councilor of the Sixth District. Morris Rosenblum was chairman of the Program Committee and the Diabetes Committee.

During Diabetes Week 1987 tests were done and 37 new cases were discovered.

Patrick Cestone was certified by the American Board of Surgery. James Calvin completed his tour of duty with the U.S. Army in Japan and returned for practice in Internal Medicine. Wm. Sovik and Joseph Kupek were awarded fellowships in the American College of Surgeons. Stewart Patton was about to finish his residency in Orthopedic Surgery. Robert Bruchs completed his OB-GYN training and opened his office in the Dollar Bank Bldg. Alexander Calder opened his office for the family practice of medicine.

Dr. Harold Segall became a member of the Society.

TWENTY YEARS AGO — JANUARY, 1964

Jack Schreiber was President and John McDonough President-Elect. R. I. Scheetz was Secretary and Robert Warnock Editor of the *Bulletin*.

There were 14 associate Editors. It should be a big year for the *Bulletin* and for the Society.

An idea was given to Bert Katz's lovely and talented wife, Eleanor, who took pen in hand and created what I believe is a strikingly attractive cover for our *Bulletin*.

The N-E-W-S utilized the principle of the old weather vane which denotes the direction the wind is blowing. The axis of the weather vane is depicted by the well known pleximeter or reflex hammer which elicits nerve impulses. There is no better pointer for the weather vane than the surgeon's scalpel. From the medical department the electrocardiogram and jugular venous pulse wave on the graphic background represent the heart beat and pulse.

In other words, the *Bulletin* records the heart beat, pulse, and nerve impulse of the news of the Mahoning County Medical Society. The direction of the wind may vary from time to time.

New members that month were: Karol Hoffman, John Tullai and Carl Klodell.

Arthur Rappoport was serving his second year as Governor of the American Society of Pathologists. Sandy Gaylord became a board member of Internal Medicine.

It promised to be a great year.

TEN YEARS AGO — JANUARY, 1974

John C. Melnick was installed as the new President of the Society. Rashid Abdu was President-Elect, with Y. T. Chiu as Treasurer and George Dietz as Secretary. Lou Bloomberg was the new Editor of the *Bulletin*. Dr. Stephen Ondash was elected President of the Staff of St. Elizabeth's Hospital, succeeding Dr. A. K. Phillips, who served as President the previous five years.

At Council meeting the Treasurer reported a deficit of \$307.28 to start off the new year. There were the usual complaints about poor attendance at the meetings and apathy among the members. It was an inauspicious beginning to a good year. Forty years later, "the funds are still low".

New Member that month was Yeshawant V. Ginde, M.D.

Robert R. Fisher, M.D.

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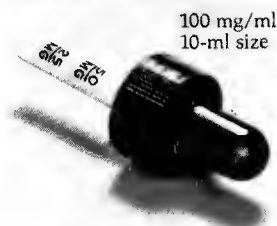


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